



Fall Session 2026

Sept 21st - Dec 10th 10 Weeks

No classes Oct 19th-22nd and Nov 23rd-26th

Zoom Class Schedule and Prices

\$160/one class per week \$288**/two classes per week

\$288 Household price one class per week for two persons

Each additional class in the household is \$128

**** Cost for one Zoom class and one in person class is \$340**

Beginning Level Yoga

Monday 4-5:30 pm

Continuing Beginning Level Yoga

Monday 9-10:30 am and Thursday 4-5:30 pm

Intermediate Level Yoga

Thursday 9-10:30 am

In Person Class Schedule and Prices

6th Street Studio 311 NW 6th Corvallis

\$210 for 10 classes**

Drop in \$22/based on availability. Class size is limited!

****Cost for one Zoom class and one in person class is \$340**

****Cost for hybrid classes are the same as in person**

Beginning Level Class

Wednesday 9:30 am-11:00 am

Continuing Beginning Level Class

Wednesday 11:30 am - 1:00 pm

Annual Solstice Restorative Workshop

An annual tradition, offering an opportunity to relax deeply in nourishing, supported poses.

deeply in nourishing, supported poses

In person (6th Street Studios)

Saturday December 12th 3-5 pm \$35

Zoom (Recording included)

Sunday December 13th 3-5 pm \$25

Merch

High quality props for your home practice are for sale. Props help us align our bodies with greater ease in each pose.

Mats, bolsters, blankets, blocks, straps and chairs are available.

Registration Steps

1. Email Lori with your choice of class/classes and workshops and your method of payment
2. Payment can be made in the following ways: Personal Check (address below)
Venmo (Please do *not* say" for goods and services")
PayPal (add 4% to cover service fees if you are using a credit card)

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