

Yoga and Hiking in Asturias, Spain

with Lori Gholson



September 23-30, 2023
\$1925*

Hotel Fuentes Lucia is situated in a spectacular and untouched corner of NW Spain. The recently converted farmhouse is home to our retreat.

<https://spanishsteps.com/home>

Space is limited to 14 participants.

*Double occupancy/airfare not included

The inward journey that Yoga inspires will be balanced by the outward exploration into the surrounding mountains with hikes led by local guides. Hearty breakfast and dinner will be provided each day with lunches on your own. Transportation to and from Oviedo/Asturias Airport (OVD) and for day trips is included.



A nonrefundable deposit of \$300 will reserve your spot.

For more information please contact Lori Gholson: lorigholson60@gmail.com.