



Fall Session 2024

October 7th - December 12th 7 Weeks**

**** No classes the weeks of October 21st,
28th and November 25th**

Zoom Class Schedule and Prices

\$100 /one class per week \$180 /two classes per week

\$180 Household price one class per week for two persons

Each additional class in the household is \$80

Beginning Level Yoga

Monday 4-5:30 pm

Continuing Beginning Level Yoga

Monday 9-10:30 am and Thursday 4-5:30 pm

Intermediate Level Yoga

Thursday 9-10:30 am

In Person Class Schedule and Prices

6th Street Studio 311 NW 6th Corvallis

\$130 for 7 classes Drop in \$20/based on availability

Class size limited!

Beginning Level Class

Wednesday 9:30 am-11:00 am

Continuing Beginning Level Class

Wednesday 11:30 am - 1:00 pm

Solstice Restorative Workshop

An annual tradition, offering an opportunity to relax deeply in nourishing, supported poses.

2 Options

In Person Saturday December 21st 3 -5 pm \$35

Zoom Sunday December 22nd 3 -5 pm \$25

Price for one Zoom class and one in person class is \$220

High quality props for your home practice are for sale. Props help us align our bodies with greater ease in each pose.

Mats, bolsters, blankets, blocks, straps and chairs are available.

Registration Steps

1. Email Lori with your choice of class/classes and workshops and your method of payment

2. Payment can be made in the following ways:

Personal Check (address below)

Venmo

Zelle

PayPal (add 4% to cover service fees if you are using a credit card)

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